

## *Article of the Month September 2017*

School is back in session!! At this time, we would like to focus on the benefits of chiropractic care for kids. Chiropractic is all about wellness and function. Regular chiropractic visits for children are very important:

### **Top 5 Reasons To Take Your Child To A Chiropractor**

1. **To promote proper growth and development and to limit health challenges such as issues with nursing and reflux.**
2. **To allow a child's nervous system and spine to grow optimally and without interference. To reduce ear infections, bed wetting, [asthma and allergies](#).**
3. **To improve a child's immune system and digestive health and to limit colic and constipation.**
4. **To encourage nerve and brain development (neural plasticity). To promote proper perception and awareness preventing labels such as ADHD, Sensory Integration Disorder and other neurodevelopmental disorders.**
5. **To be proactive about your child's overall health and wellbeing which will limit and support them through colds and infections and allow them to meet their optimal potential.**

The health and happiness of your child is the most important thing. Chiropractic care has been proven to be safe and effective at improving the wellbeing and happiness of children.

Just start talking to other mothers and families that have seen the benefits of chiropractic care. The positive results are endless!

Chiropractic care along with proper lifestyle choices are the foundation for proper growth, development, health and happiness.

So don't leave the kids at home when you come in for your adjustments!! Bring them in with you. We would like to offer a free adjustment for your child or grandchild—we love treating kids!!

*Thanks to those patients who have referred: T. McKinney, K. Broderick, D. Detzel, M. Profant, J. Rosa, K. Seifert, E & M Stanyard, M. Bentz, T. Boggs, K. Maupin, Dr. Capurro, M. Lindsey, C. Head, K. Hatmaker—we appreciate it!*

**Happy Labor Day! We will be closed Monday, September 4, 2017. Dr. Bliss and staff will be attending a Chiropractic Conference in Kansas City in September!**